What Do I Have?

An inventory of your accounts and the things you own.

Values as of: _____ Name / household: _____

MY NON-RETIREMENT ASSETS

Checking, savings, and brokerage accounts not held in retirement plans. Use account nicknames or last four digits; record each account once.

Account	Type	Institution	Owner(s)	Current value $	Monthly contribution $

MY STUFF

Your house, cars, collections, and other belongings. Use realistic resale values - for collections, think “yard sale value,” not what you paid or hope they are worth.

Item / description	Owner(s)	Estimated resale value $	Notes

TOTAL NON-RETIREMENT ASSETS $ _____

TOTAL MY STUFF $ _____

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What Do I Have?

My retirement accounts and contributions.

MY RETIREMENT ACCOUNTS

IRAs, Roth IRAs, 401(k)s, 403(b)s, 457 plans, TSP, and other retirement accounts. Record your monthly contribution and any employer match separately, in dollars.

Account	Type	Institution	Owner(s)	Current value $	Monthly contribution $	Monthly match $

TOTAL RETIREMENT ACCOUNTS $ _____

TOTAL ASSETS (all three sections) $ _____

TAKE A CLOSER LOOK

Did you know how much you had? Are you happy with the amounts?

Was it easy to find all this information?

What has been the easiest way for you to save?

What has been your biggest challenge to save?

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